Year 6 Residential

June 2024

Monday 10th - Friday 14th June 2024

Why do we go?

- Develop **teamwork** skills
- Develop **life skills**
- Build **friendships**
- Learn how to be **independent**
- Develop **leadership** skills
- Develop **perseverance**
- Develop **risk** management
- Have **fun and celebrate** their time at HJA

Outcomes of the trip

- **Appreciation** for the outdoors
- Keeping **fit** through activities
- **Participate** in new activities and new challenges
- **Experience** new environments
- **Positive** attitudes to new people, places, activities and challenges
- Learn the importance of **cooperation** and **teamwork** in a group

Developing personal skills and resilience

CONFIDENCE!

Confidence

Demonstrate self-confidence in themselves and show trust and support for others.

RESILIENCE

Resilience

Be able to demonstrate resilience through exposure to failures and overcoming difficult challenges.

LIFE SKILLS

Life skills

Achieve goals, adapt positively to change and see setbacks as opportunities to learn.

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Demonstrate self-confidence in themselves and show trust and support for others.

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Achieve goals, adapt positively to change and see setbacks as opportunities to learn.

Where is it?

Situated on the doorstep of the beautiful **Peak District**, near Sheffield.

Kingswood
An Inspiring Learning Company

Why Kingswood?

- First Kingswood centre to be awarded the **Gold Standard Learning Outside** the Classroom Quality Badge. holders of the LOtC quality badge = met with required standards around safety, activity provision and learning outcomes.
- **Fully risk assessed**
- Set in **9 acres** of parkland with the beautiful Peak District on its doorstep.
- **Watersports** centre on the Scout Dike reservoir, adjacent to the centre, offering exciting activities including canoeing and raft building.
- Outdoor: Exhilarating adventure park with **apparatus** including a zipwire, 3G swing and leap of faith, plus specially designed bushcraft sessions and nature walks
- Indoor: Flexible indoor space for **all weather activities** including fencing and indoor initiatives

Timetable

Monday: Depart school at around 10am to arrive at Peak Venture for 12pm (Packed lunch will be needed). Room allocation, team games, afternoon activity, dinner and evening activity

Tuesday/Wednesday/Thursday: Breakfast - x2 activities - Lunch - x2 activities - Dinner - Evening activity - Bedtime

Friday: Breakfast - x 2 activities - Lunch - Depart at 1:30pm to arrive back at school for 3:30pm.

What activities are on offer?

- 3G Swing
- Abseiling
- Aerial Walkway
- Aeroball
- Archery
- Balance beam
- Bouldering
- Buggy building
- Bushcraft
- Campfire
- Canoeing
- Caving
- Nature walks
- Climbing
- Crate stacking
- Disco
- Dragon boats
- Fencing
- Free fall
- High all aboard
- Jacob's ladder
- Jungle Vines
- Kayaking
- Laser
- Leap of faith
- Movie Night
- Night Walk
- Night Line
- Obstacle challenge
- Orienteering
- Pond dipping
- Problem Solving
- Quizzes
- Raft building
- Scrapheap challenge
- Sky Climb
- Trail of mystery
- Zip wire

Closer to the time, we will work with Kingswood to pick around 14 of the most suitable activities for our children

Monday						12:20 - 14:30		14:30 - 15:15	15:15 - 16:00		16:05 - 16:50	16:50 - 17:35		17:35 - 19:45			19:45 - 21:00	
						Arrival 14:30		Settle into accommodation/Games	1		Orienteering		1	Dinner	Course Director Review & Games		Scrapheap Challenge	1
									2		Orienteering		2					2

Tuesday	09:15 - 10:00	10:00 - 10:45		10:50 - 11:35	11:35 - 12:20	12:20 - 14:30		14:30 - 15:15	15:15 - 16:00		16:05 - 16:50	16:50 - 17:35		17:35 - 19:45			19:45 - 21:00	
	Climbing		1	Quad Biking		1	Lunch	Course Director Review & Games	Caving		1	Fencing		1	Dinner	Course Director Review & Games		Movie Night	1
	Climbing		2	Caving		2			Quad Biking		2	Fencing		2				2

Wednesday	09:15 - 10:00	10:00 - 10:45		10:50 - 11:35	11:35 - 12:20	12:20 - 14:30		14:30 - 15:15	15:15 - 16:00		16:05 - 16:50	16:50 - 17:35		17:35 - 19:45			19:45 - 21:00	
	Bushcraft Fire Lighting		1	Laser		1	Lunch	Course Director Review & Games	Jacobs Ladder		1	Low Ropes		1	Dinner	Course Director Review & Games		Campfire	1
	Laser		2	Bushcraft Fire Lighting		2			Jacobs Ladder		2	Low Ropes		2				2

Thursday	09:15 - 10:00	10:00 - 10:45		10:50 - 11:35	11:35 - 12:20	12:20 - 14:30		14:30 - 15:15	15:15 - 16:00		16:05 - 16:50	16:50 - 17:35		17:35 - 19:45			19:45 - 21:00	
	Leap of Faith		1	Archery		1	Lunch	Course Director Review & Games	Buggy Building		1	Nightline		1	Dinner	Course Director Review & Games		Disco	1
	Archery		2	Leap of Faith		2			Buggy Building		2	Nightline		2				2

Friday	09:15 - 10:00	10:00 - 10:45		10:50 - 11:35	11:35 - 12:20	12:20	
	Zip Wire		1	Problem Solving		1	Lunch	Depart 13:30
	Problem Solving		2	Zip Wire		2		

Kit List

- Long sleeved tops (**old and multiple**)
- Trousers (**old and multiple**)
- Hair bobbles
- Inside shoes (or slippers)
- Outside shoes
- Pyjamas

Waterproof clothing

- trousers, jacket and wellies

- Large plastic bag for dirty clothes
- Bath towel
- Sunglasses, sunscreen and hat
- Named water bottle

Toiletries:

- Shower gel
- Shampoo
- Conditioner
- Deodorant (no aerosols)
- Drying facilities are available on site
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Accommodation

- Standard **dormitory** style accommodation
- Rooms range from **4 to 12** bed dormitories
- Gender-separated bathroom and shower facilities and party leader rooms close by
- Sheets, duvets and pillows are provided for all guest

Food

All food is included

Breakfast with hot and cold options

Lunch

Evening Meal

Opportunity to buy snacks from the shop

KINGSWOOD KITCHEN

BREAKFAST

Cereals
Sausage
Vegetarian sausage
Bacon
Hash brown
Scrambled egg
Baked beans
Yoghurt V
Fruit compote
Toast
Seasonal fresh fruit

ALLERGENS

Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs

Mustard, Nuts, Peanuts, Sesame, Soy, Sulphites, V Vegetarian, VE Vegan

*Please see food labels for allergens
**Vegan options are available
△ May contain traces of other allergens – please speak to the Head Chef if concerned

LUNCH

Shepherd's lamb pasty △
Hot dogs △
Cheese and onion pasty V

All served with...
Skinny fries
Baked beans
Freshly prepared salad*
Soup of the day*

DINNER

Hunters chicken with bacon and cheddar cheese topped with a BBQ sauce
Crispy chicken nuggets
Crispy vegan nuggets VE

All served with...
Herb diced potato
Broccoli and carrots
Freshly made salad available daily*

SPECIALS

Chicken Shack

Marinated chicken served with corn on the cob and smoky rice △

Marinated Quorn™ escalope and corn on the cob served with smoky rice △ V
Vegan options are available

DESSERT

Frozen strawberry yoghurt** V

Costs

Payment 1 **Non-refundable deposit** Before **January 2024**	£50 per child
Payment 2 **Non-refundable** Before **Monday 25th March 2024**	£100 per child
Payment 3 **Non-refundable** Before **Monday 29th April 2024**	£131.50 per child
Payment 4 **Non-refundable** Before **Monday 22nd May 2024**	£131.50 per child

Financial support is available to families who are in receipt of free school meals. Please contact the office if you are unsure as to whether you are eligible

Health and Safety

- **Qualified first aider** will be taking part in the trip
- Kingswood also have a first aider on site at all times
- Kingswood staff are police checked and vetted
- All elements of the trip are **risk assessed** on a pre visit and Risk Assessments are checked by the Local Authority before the trip can go ahead
- Specialist activities are led by **experienced instructors** with relevant qualifications and have to carry a special licence.

However...

Cut and grazes are generally to be expected.

As are homesickness, getting muddy and dirty and possibly wet.

Tiredness is inevitable.

There will be a great big bag of dirty washing to look forward to on Friday night!

Medication

- All **medical needs** to be identified within the packs given
- Medication to be handed in **before** the trip **clearly labelled**
- Any serious medical needs to be **discussed** before the trip
- Allergy needs to be recorded on packs
- Basic medication kit will be carried - children must have permission to use
- Children should have **no form of medication on them** (tablets, cream, medicines, eye drops etc.)
- All medication to be in a **see-through labelled** plastic zipper bag with clear **instructions** - please check **dates**!

The need to collect

- Children will need to sign **a behaviour contract** before the visit
- Children will be **representing the school** and their behaviour should reflect this
- Parents will be asked to sign and complete a **contact form** to show that you are willing to collect pupils if needed:
    - If children are persistently misbehaving parents may be asked to collect students
    - If a child is particularly unwell, parents may be asked to collect students

Behaviour

1. A high standard of behaviour is expected at all times.
2. Instructions should be followed immediately when given by any member of staff.
3. Children must remain within sight of a designated adult at all times.
4. After lights out you may only leave your room for the toilet or if there is a serious problem such as someone is unwell. If this is the case then go to the designated adult.
5. All children are expected to take part in the activities and events to the best of their ability.
6. Unkind behaviour, name calling or physical aggression towards any other child will not be tolerated.

Contact

- Photos via teacher school twitter accounts
- No news is good news
- Updates given via the Office if needed

Do’s and Don'ts

- Do not be late.
- Do not bring digital or expensive items including phones, electronic consoles, games, expensive clothing, expensive shoes, **smart watches** (these shall be removed) etc
- Do not worry about the food
- Don’t forget your **indoor shoes**

- Do **label** absolutely everything.
- Do bring **multiple layers** of clothes, long sleeved tops!
- Do prepare for **all weather** e.g. sun hats and sun tan lotion and waterproof clothes
- Do remember to bring a **named water bottle** with you
- Remember **old**, **comfy** clothes, it is not a fashion show!

Questions