

Humberstone Infant & Junior - Week 1

Paul

Cereals Containing Gluten

Peanuts

Tree Nuts

Milk

Eggs

Crustaceans

Fish

C Celery and Celeriac

Soya and Soya Products

S Sesame Seeds

Molluscs

Mustard

L Lupin

Sulphites

GM Foods

Vegetarian

Vegan

Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Ham & Pineapple Pizza / Hawaiian Pizza - Rectangle Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Turkey Chillli Con Carne - Allergy Free Does Contains: May Contain: Modifiers:	Sausage Meat Plait Does Contains: Gluten (Wheat), Cereal Containing Gluten, Sulphites, Eggs May Contain: Soya and Soya Products, Lupin, Mustard, Celery and Celeriac Modifiers:	BYO - Southern Fried Chicken Goujons Wrap Does Contains: C Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac May Contain: Modifiers:	Fish Fingers KS2 Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers: Fish Fingers KS1 Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meals	Cheese & Tomato Pizza - Rectangle 🌿 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Quorn Chilli Con Carne (VG) 🌿 Does Contains: 🌿🍷🍷 Gluten (Barley), Cereal Containing Gluten, Eggs May Contain: Modifiers:	Roasted Vegetable & Lentil Wellington (VG) 🌿 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac May Contain: 🍷🍷🍷 Soya and Soya Products, Lupin, Mustard Modifiers:	BYO - Falafel Wrap (VG) 🌿 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Vegetarian Hot Dog Sausage (VG/GF) 🌿 Does Contains: 🍷 Soya and Soya Products May Contain: Modifiers: Hot Dog Roll (VG) 🌿 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: S Sesame Seeds Modifiers:
Sides	Apple Slaw 🌿 Does Contains: 🍷 Eggs May Contain: Modifiers: Broccoli (VG/GF) 🌿 Does Contains: May Contain: Modifiers:	Homemade Bread 🌿 Does Contains: 🌿🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🍷 Eggs Modifiers:	Roast Potatoes (VG) 🌿 Does Contains: 🍷 Sulphites May Contain: Modifiers:	Diced Potatoes (VG) 🌿 Does Contains: May Contain: Modifiers: Salad Sticks (VG) 🌿 Does Contains: May Contain: Modifiers:	Peas (VG) 🌿 Does Contains: May Contain: Modifiers: Chips (VG) 🌿 Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers: Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	50/50 Rice (VG)  Does Contains: May Contain: Modifiers: Sweetcorn (VG)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers: Gravy (VG)  Does Contains: May Contain: Modifiers: Carrots (half portion) (VG)  Does Contains: May Contain: Modifiers: Cabbage (half portion) (VG/GF)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers: Baked Beans (VG)  Does Contains: May Contain: Modifiers:
Third Option					

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato (VG)  Does Contains: May Contain: Modifiers:	Cheesy Mash  Does Contains:   Sulphites, Milk May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:
	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Baked Beans (VG/GF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:
	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
	Jacket Potato Grated Cheese Topping (VG)  Does Contains: May Contain: Modifiers:		Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato Baked Beans Topping (VG) 🌿 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping 🌿 Does Contains: 🥛 Milk May Contain: Modifiers:		Twisty Pasta Topping - Tomato Sauce (VG/GF) 🌿 Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG) 🌿 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG) 🌿 Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF) 🌿 Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight) 🌿 Does Contains: 🥛 Milk May Contain: Modifiers: Fruit - Grapes (VG) 🌿 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌿 Does Contains: 🥛 Milk May Contain: Modifiers: Fruit - Banana (VG) 🌿 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌿 Does Contains: 🥛 Milk May Contain: Modifiers: Fruit - Orange (VG) 🌿 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌿 Does Contains: 🥛 Milk May Contain: Modifiers: Fruit - Orange (VG) 🌿 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌿 Does Contains: 🥛 Milk May Contain: Modifiers: Fruit - Orange (VG) 🌿 Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Tropical Fruit Salad (VG)  Does Contains:  Sulphites May Contain: Modifiers:	Chocolate Shortbread (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Soya and Soya Products Modifiers:	Mango Sorbet (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Orange Wedge (VG)  Does Contains: May Contain: Modifiers:
	Strawberry Flapjack  Does Contains:   Cereal Containing Gluten, Gluten (Oats), Sulphites May Contain:  Gluten (Barley), Gluten (Wheat) Modifiers:	Apple Cinnamon Swirls  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain:    Soya and Soya Products, Lupin, Mustard Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:
					Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday