

Humberstone Infant & Junior - Week 2

Paul

- Cereals Containing Gluten
- Peanuts
- Tree Nuts
- Milk
- Eggs
- Crustaceans
- Fish
- Celery and Celeriac
- Soya and Soya Products
- Sesame Seeds
- Molluscs
- Mustard
- Lupin
- Sulphites
- GM Foods
- Vegetarian
- Vegan
- Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Wholemeal Turkey, Sage & Onion Pizza Baguette Does Contains: Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Sesame Seeds Modifiers:	Chicken Korma Curry - Allergy Free Does Contains: May Contain: Modifiers:	Roast Chicken - MKG Does Contains: May Contain: Modifiers:	Macaroni Cheese with Ham Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Battered Fish Fillet (battered pollock) Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
Vegetarian Meals	Wholemeal Rainbow Vegetable topped Pizza Baguette Does Contains: Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Sesame Seeds Modifiers:	Lentil Dhal (VG) Does Contains: May Contain: Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac, Mustard Modifiers:	Roast Quorn Does Contains: Eggs, Milk May Contain: Modifiers:	Macaroni Cheese (KEEP) Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Cheese & Tomato Quiche Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk, Eggs May Contain: Soya and Soya Products Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Sweetcorn (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers:	Farmhouse Mixed Vegetables (VG) 🌱 Does Contains: May Contain: Modifiers:
	Spiced Saute Potatoes / Cumin Diced Potatoes (VG) 🌱 Does Contains: May Contain: Modifiers:	50/50 Rainbow Rice / Savoury Rice (VG) 🌱 Does Contains: 🌿 Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Roast Potatoes (VG) 🌱 Does Contains: 🍷 Sulphites May Contain: Modifiers:	Peas (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers:	Chips (VG) 🌱 Does Contains: May Contain: Modifiers:
	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Naan Bread (VG) 🌱 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Gravy (VG) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:
			Cauliflower (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers:	Wholemeal Garlic Bread 🌱 Does Contains: 🌿 Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: S Sesame Seeds Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
			Carrots (half portion) (VG/GF) Does Contains: May Contain: Modifiers:		
Third Option	Twisty Pasta (VG) Does Contains: Gluten (Wheat), Cereal Containing Gluten May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Grated Cheese Topping Does Contains: Milk May Contain: Modifiers:	Side Salad (VG) Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF) Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF) Does Contains: May Contain: Modifiers:
	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF) Does Contains: May Contain: Modifiers:	Jacket Potato (VG/GF/DF) Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping Does Contains: Milk May Contain: Modifiers:	Baked Beans (VG/GF) Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF) Does Contains: Milk May Contain: Modifiers:
		Jacket Potato Tuna Mayo Topping Does Contains: Fish, Eggs May Contain: Modifiers:	Jacket Potato (VG) Does Contains: May Contain: Modifiers:	Cheesy Mash Does Contains: Sulphites, Milk May Contain: Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers: Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers: Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers: Jacket Potato Baked Beans Topping (VG)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG)  Does Contains: May Contain: Modifiers:		Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers: Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Rice Pudding with a Mixed Berry Sauce 🌱 Does Contains: 🧴 Milk May Contain: Modifiers:	Raspberry & Mandarin Jelly (VG) 🌱 Does Contains: May Contain: Modifiers:	Watermelon Wedges (VG) 🌱 Does Contains: May Contain: Modifiers:	Oatmeal Fruit Pizza 🌱 Does Contains: 🍃🧴 Cereal Containing Gluten, Gluten (Oats), Gluten (Wheat), Milk May Contain: 🌾🥜 Gluten (Barley), Soya and Soya Products Modifiers:	Vanilla Smoothie 🌱 Does Contains: 🧴 Milk May Contain: Modifiers: Mini Chocolate Cookie (VG) 🌱 Does Contains: 🍃 Gluten (Wheat), Cereal Containing Gluten May Contain: 🥜 Soya and Soya Products Modifiers: