

Humberstone Infant & Junior - Week 3

Paul

Cereals Containing Gluten

Peanuts

Tree Nuts

Milk

Eggs

Crustaceans

Fish

C Celery and Celeriac

Soya and Soya Products

S Sesame Seeds

Molluscs

Mustard

L Lupin

Sulphites

GM Foods

Vegetarian

Vegan

Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	BBQ Chicken & Sweetcorn Pizza - Rectangle Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk, Mustard May Contain: Modifiers:	Lamb Hotpot (GF/DF) Does Contains: Celery and Celeriac May Contain: Modifiers:	Turkey Puff Pastry Pie Does Contains: Gluten (Wheat), Cereal Containing Gluten May Contain: Soya and Soya Products, Lupin, Mustard, Celery and Celeriac Modifiers:	Garlic Chicken & Wholemeal Pasta Bake Does Contains: Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Fish Stars Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

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Vegetarian Meals	Cheese & Red Onion Pizza - Rectangle  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Quorn Hotpot (VG/DF)  Does Contains:    Gluten (Barley), Cereal Containing Gluten, Celery and Celeriac, Eggs May Contain: Modifiers:	Vegetarian Cottage Pie / Shepherds Pie (VG/GF)  Does Contains:    Sulphites, Soya and Soya Products, Celery and Celeriac May Contain: Modifiers:	Tomato & Basil Wholemeal Pasta  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Celery and Celeriac Modifiers:	Vegetable Nuggets KS1 (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers: Vegetable Nuggets KS2 (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:
Sides	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers: Pineapple Slaw - Secondary  Does Contains:    Eggs, Milk, Sulphites May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Knorr Gravy (VG)  Does Contains: May Contain: Modifiers:	Sweetcorn (VG)  Does Contains: May Contain: Modifiers:	Chips (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Homemade Bread 🌱 Does Contains: 🌿🥣🧴 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Broccoli (half portion) (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Sweetcorn (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🥣🧴 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Carrots (half portion) (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Green Beans (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers: Mashed Potatoes (VG) 🌱 Does Contains: 🍷 Sulphites May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🥣🧴 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Herby Bread 🌱 Does Contains: 🌿🥣🧴 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚🥕 Eggs, Celery and Celeriac Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🥣🧴 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Baked Beans (VG) 🌱 Does Contains: May Contain: Modifiers:

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Third Option	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Cheesy Mash  Does Contains:  Sulphites, Milk May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato (VG)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Baked Beans (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:		Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:		Twisty Pasta Topping - Grated Cheddar (GF) 🌱 Does Contains: 🍶 Milk May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG) 🌱 Does Contains: May Contain: Modifiers:	Twisty Pasta (VG) 🌱 Does Contains: 🍷 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:
Desserts	Yogurt (Mullerlight) 🌱 Does Contains: 🍶 Milk May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🍶 Milk May Contain: Modifiers: Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers: Yogurt (Mullerlight) 🌱 Does Contains: 🍶 Milk May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🍶 Milk May Contain: Modifiers: Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🍶 Milk May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Custard  Does Contains:  Milk May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit Salad (VG)  Does Contains:  Sulphites May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Secret Brownie  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain:  Soya and Soya Products Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Strawberry Ice Cream with Strawberry Sauce  Does Contains:  Milk May Contain: Modifiers:
	Toffee Apple Cookie  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:  Soya and Soya Products Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:

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			Rhubarb & Ginger Oat Crumble 🌿 Does Contains: 🍃 Gluten (Wheat), Cereal Containing Gluten, Gluten (Oats) May Contain: 🌾🥚 Gluten (Barley), Soya and Soya Products Modifiers:		